KINESIOLOGY PRACTICUM DESCRIPTION

Practicum Position Title: Physiotherapy/Chiropractic Assistant

Agency/Company: Coach Hill Chiropractic & Sports Therapy

Location: 6490 Old Banff Coach Rd SW, Calgary, AB

Terms Available: Fall, Winter, or Spring

Number of Positions: 1

Project Duties/Responsibilities:

Coach Hill Chiropractic & Sports Therapy is a multidisciplinary healthcare facility that is home to a team of Calgary chiropractors, physiotherapists, and registered massage therapists. Their team is focused on providing an excellent standard of care that works not only to alleviate symptoms and reduce pain but also strives to optimize biomechanics and function. Their complete and collaborative approach to patient care provides effective, efficient, and long-lasting results. They offer a multitude of up-to-date and evidence-informed treatment options. All of their practitioners are committed to academic excellence, continuing education, and therapeutic innovation resulting in an unparalleled healthcare experience for our patients.

Under supervision of the Physiotherapist, the practicum student will:

- Assist with exercise prescription including, but not limited to, stretching techniques, range of motion, strengthening exercises, and core stability exercise
- Interact with patients in the clinic and help address questions or concerns that they may have (within the student’s scope), and escalate to the necessary resources as needed
- Observe the physiotherapist’s assessments, treatment plans, and patient management
- Assist in the creation of daily exercise programs for patients, as well as help develop/lead a rehabilitation group session program.
- Complete two literature reviews; investigate and summarize in 2 pages what type of exercises and modalities are most effective for a specific chronic condition (as selected by student).

Required Student Qualifications:

- Completion and excellent recall of KNES 259/260 (Anatomy/Physiology)

Assets:

- KNES 373 (Exercise Physiology) an asset

On-Site Supervisor: Stephanie Thumlert, s.c.zacharuk@gmail.com
Kinesiology Practicum Application

Placement: Coach Hill Chiropractic & Sports Therapy

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES
Students may participate in up to three practicums, with no more than two at the same location

INSTRUCTIONS
1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to knespracticum@ucalgary.ca; our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

<table>
<thead>
<tr>
<th>Practicum Term</th>
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<tbody>
<tr>
<td>□ Fall __________ (year)</td>
<td>□ Winter __________ (year)</td>
<td>□ Spring __________ (year)</td>
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Student Information

<table>
<thead>
<tr>
<th>Name:</th>
<th>UCID:</th>
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<tbody>
<tr>
<td>Phone Number:</td>
<td>Email:</td>
</tr>
<tr>
<td></td>
<td>@ucalgary.ca</td>
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Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)

Code of Conduct

Students are responsible for compliance with the [University of Calgary's Code of Conduct](#).

- Yes  □ No I have read and understood the University of Calgary's Code of Conduct.
- Yes  □ No Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:

I agree that:
- No salary or payment will be received based upon my participation in a Kinesiology practicum placement
- I will meet the expectations of the practicum placement for which I am applying
- I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).
- I will complete 60-72 hours within the dates of the term.

Start Date (first day of lectures)  End Date (last day of lectures)

□ I agree with the above-mentioned terms and conditions.

Student’s Signature: Date:

ON-SITE SUPERVISOR PORTION

<table>
<thead>
<tr>
<th>Name: Stephanie Thumlert</th>
<th>Organization: Coach Hill Chiropractic &amp; Sports Therapy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone:</td>
<td>Email: <a href="mailto:s.c.zacharuk@gmail.com">s.c.zacharuk@gmail.com</a></td>
</tr>
</tbody>
</table>

As the On-Site Supervisor, I agree that:
- No salary or compensation will be given to the practicum student
- I will provide sufficient hours, supervision, and guidance during this practicum placement
- I will complete a mid-point and final evaluation for the practicum student.

□ I agree with the above-mentioned terms and conditions.

On-Site Supervisor’s Signature: Date:
CONFIDENTIALITY AGREEMENT

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to knespracticum@ucalgary.ca.

THIS AGREEMENT is made as of the ______ day of __________, 20__.

BETWEEN:

__________________________________________________________

(hereinafter called the “Agency”)

AND:

__________________________________________________________

(hereinafter called the "Student")

Whereas:

It is the Student’s legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. (“Confidential Information”).

And whereas:

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the Freedom of Information and Protection of Privacy Act and the Health Information Act (“Policies and Procedures”).

In witness hereof, the parties agree as follows:

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.

2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.

3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

Agency

Signed: ___________________________  Signed: ___________________________
Print Name: _________________________  Print Name: _________________________
Title: _______________________________  Date _______________________________
Date: _______________________________

Student

KYNE PRACTICUM APPLICATION FOR COACH HILL (UPDATED MAY 2019)  Page 3 of 3