

**BKin Motor & Psychosocial Aspects of Movement Major (MPAM)**

**UCID #:** *This is a guide to help you navigate your program but does not supersede the Academic Calendar. It is the responsibility of the student to ensure graduation requirements are met per the [Academic Calendar](#)*

<u>UNITS</u>	<u>CORE REQUIREMENTS (54 UNITS) <i>Prerequisites follow the title in blue italics</i></u>	
3 _____	KNES 201	Activity: Essence and Experience ( <i>Bio 30</i> )
3 _____	KNES 203	Activity: Health, Fitness, and Performance ( <i>Bio 30 &amp; Chem 30</i> )
3 _____	KNES 213	Introduction to Research in Kinesiology ( <i>Bio 30, Chem 30 &amp; Math 30-1</i> )
3 _____	KNES 244	Sociology of Movement Cultures <i>NA</i>
3 _____	KNES 251	Introduction to Motor Control and Learning ( <i>Bio 30</i> )
3 _____	KNES 253	Introduction to Exercise and Sport <i>NA</i>
3 _____	KNES 259	Psychology Human Anatomy and Physiology I ( <i>Bio 30, Chem 30 &amp; Math 30-1</i> )
3 _____	KNES 260	Human Anatomy and Physiology II ( <i>KNES 259</i> )
3 _____	KNES 263	Quantitative Biomechanics ( <i>Bio 30, Chem 30 &amp; Math 30-1</i> )
3 _____	KNES 323	Integrative Human Physiology ( <i>KNES 260</i> )
3 _____	KNES 337	Introduction to Nutrition (formerly 237) ( <i>KNES 259</i> )
3 _____	KNES 344	Gender, Sexuality, and Sport ( <i>KNES 244</i> )
3 _____	<b>One of:</b> _____	KNES 351 Foundations of Neural Control of Movement ( <i>KNES 251 &amp; 260</i> ), _____ KNES 397 Health and Exercise Psychology ( <i>KNES 253</i> ), or _____ KNES 399 Sport Psychology ( <i>KNES 253</i> )
3 _____	KNES 355	Human Growth and Development ( <i>KNES 260 &amp; Pre or Co-requisite KNES 323</i> )
3 _____	KNES 363	Biomechanics of Biological Materials ( <i>KNES 263 &amp; STAT 205 or 213</i> )
3 _____	KNES 372	Foundations of Sport Medicine ( <i>KNES 260</i> )
3 _____	KNES 373	Exercise Physiology ( <i>KNES 203, 213 &amp; 323</i> )
3 _____	STAT 213	Intro to Statistics I

**MOTOR AND PSYCHOSOCIAL ASPECTS OF MOVEMENT MAJOR REQUIREMENTS (24 UNITS)**

3 _____	PSYC 200	Principles of Psychology I
3 _____	PSYC 201	Principles of Psychology II
3 _____	STAT 217	Intro to Statistics II
6 _____	<b>Two of:</b> _____	KNES 311 _____ KNES 331 _____ KNES 351* _____ KNES 397* _____ KNES 399*
3 _____	<b>One of:</b> _____	KNES 402 _____ KNES 411 _____ KNES 413 _____ KNES 431 _____ KNES 434 _____ KNES 441 _____ KNES 451 _____ KNES 464 _____ KNES 486 _____ KNES 497 _____ KNES 498 _____ KNES 499

6 \_\_\_\_\_ **Two of:** KNES 402, 444, 503 (topics related to MPAM), 590A&B (6 units, Students must be admitted to the [Honours program](#)) 593;

\_\_\_\_\_ HSOC 201, 301, 311; PHIL 201, 313, 361; PSYC 345, 352, 365, 375, 383; SOCI 201, 321, 341, 407, 409  
\*Courses may not be applied to both Core and another requirement within the same program.

**SENIOR KINESIOLOGY OPTIONS (12 UNITS)**

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**OPEN OPTIONS – Kinesiology or non-Kinesiology, Junior or Senior (30 UNITS)**

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**IMPORTANT DEGREE CHECKS**

- A minimum of 60 units (20 courses) at the senior level are required; this means a max of 60 units (20 courses) at the 200 level are permitted.
- A maximum of 60 transfer units may be applied to the degree; of those, a max of 27 units may be core courses.
- A total of 120 units are required to complete the Kinesiology degree.