



KINESIOLOGY PRACTICUM DESCRIPTION

Practicum Position Title: High Performance Athletics Assistant

Agency/Company: [Duckett Performance Centre, Edge School](#)

Location: 33055 Township Rd 250, Calgary AB (Springbank area)

Terms Available: Fall or Winter

Schedule: TBD according to Practicum Student's schedule (5-6 hours / week in Fall & Winter Terms and 10-12 hours / week in Spring Term).

Number of Positions: 2

Project Duties/Responsibilities:

Edge School is a Calgary-based private school developing excellence in athletics, academics, and character building. *Edge's* athletes specialize in a variety of sports including hockey, soccer, golf, dance, tennis, equestrian, and gymnastics. The school's \$40 million facility features two NHL-sized ice rinks, two gymnasiums, indoor golf training facilities, two dance studios, and the *Duckett Performance Centre* - a 9,200 sq. ft. high performance training facility, through which private services are also offered for local and international elite athletes.

Under strict supervision, practicum students will:

- Observe and assist in implementing training programs for athletes involved in hockey, soccer, and golf.
- Assist in the measurement and analysis of performance characteristics in teams and individuals.
- Learn to develop global movement efficiency through progressions of corrective exercises (e.g. improving hip flexor functionality via dynamic stretching and reflexive activation).
- Learn to operate within a holistic model of athletic development, integrating concepts in functional biomechanics, physiology, sports nutrition, sport psychology and motor control.
- Assist in team and individual workouts by offering advice and consultation to staff and clients.
- Assist in team and individual testing and evaluation: Testing Supervision, Data Analysis, Data Entry, Event Co-Ordination, Event Management (e.g. hosting a hockey school at *Edge School* may involve helping to organize tours of the facility, etc.).
- Complete assigned readings and/or assignments where required -- Bi-Weekly Assignments will be given (e.g. keeping a log of new concepts learned).
- Operate within the standard of Ethics and Professionalism required by staff and clients at *Edge School* and the *Duckett Performance Center*.

Required Student Qualifications:

- Excellent recall of KNES 259/260 (Human Anatomy and Physiology) required
- Completion of KNES 373 (Exercise Physiology) required
- Must have access to own vehicle

Assets:

- KNES 479 (Advanced Fitness Appraisal and Exercise Prescription) an asset
- KNES 375 (Tests and Measurements) an asset

On-Site Supervisor: Ross McCain rmccain@edgeschool.com

Kinesiology Practicum Application

Placement: [Duckett Performance Centre, Edge School](#)

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES
Students may participate in up to three practicums, with no more than two at the same location

Submit together to
knespracticum@ucalgary.ca:
 Completed Practicum Application
 Confidentiality Agreement

INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to knespracticum@ucalgary.ca; our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

Practicum Term		
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)	<input type="checkbox"/> Spring _____ (year)
Student Information		
Name:	UCID:	
Phone Number:	Email:	@ucalgary.ca
Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)		
Code of Conduct		
Students are responsible for compliance with the University of Calgary's Code of Conduct .		
<input type="checkbox"/> Yes <input type="checkbox"/> No	I have read and understood the University of Calgary's Code of Conduct.	
<input type="checkbox"/> Yes <input type="checkbox"/> No	Do you have a pre-existing relationship(s) with person(s) (work, volunteer, or personal) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:	
I agree that:		
<ul style="list-style-type: none">• No salary or payment will be received based upon my participation in a Kinesiology practicum placement• I will meet the expectations of the practicum placement for which I am applying• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).• I will complete 60-72 hours within the dates of the term.		
Start Date (first day of lectures)	End Date (last day of lectures)	
_____	_____	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
Student's Signature:	Date:	

ON-SITE SUPERVISOR PORTION

Name: Ross McCain	Organization: Edge School
Phone:	Email: rmccain@edgeschool.com
As the On-Site Supervisor, I agree that:	
<ul style="list-style-type: none">• No salary or compensation will be given to the practicum student• I will provide sufficient hours (60-72 hours) <u>within</u> the term dates above, and spread evenly throughout the term (approx.. 5-6 hrs/wk in Fall and Winter / 10-12 hrs/wk in Spring)• I will complete a mid-point and final evaluation for the practicum student• I will provide sufficient supervision, and guidance during this practicum placement• I will send any changes / updates to knespracticum@ucalgary.ca for approval / updating	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
On-Site Supervisor's Signature:	Date:

CONFIDENTIALITY AGREEMENT

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to knespracticum@ucalgary.ca .

THIS AGREEMENT is made as of the _____ day of _____, 20_____.

BETWEEN:

(hereinafter called the "**Agency**")

AND:

(hereinafter called the "**Student**")

Whereas:

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

And whereas:

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

In witness hereof, the parties agree as follows:

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

Agency

Student

Signed: _____

Signed: _____

Print Name: _____

Print Name: _____

Title: _____

Date _____

Date: _____

2500 University Drive N.W., Calgary, Alberta, Canada T2N 1N4

ucalgary.ca /knes