



## KINESIOLOGY PRACTICUM DESCRIPTION

**Practicum Position Title:** Physiotherapist/Kinesiologist Assistant

**Agency/Company:** [Momentum Health](#)

**Location: Students will work out of one of the following Calgary locations:**

- Momentum Health Creekside – 12192 Symons Valley Rd NW
- Momentum Health Deerfoot City – 901 64<sup>th</sup> Ave NE #5146
- Momentum Health Mahogany – 7 Mahogany Plaza SE, #110
- Momentum Health Ogden – 7005 18 St. SE, #1C
- Momentum Health Seton – 3815 Front St SE #129
- Momentum Health Westbrook – Corus Centre, 3320 17 Ave SW, #312
- Momentum Health West Springs – 8651 8A Ave SW

**Terms Available:** Fall, Winter, or Spring

**Schedule:** TBD according to the Organization and the Practicum Student's schedule (5-6 hours / week in Fall & Winter Terms and 10-12 hours / week in Spring Term).

**Number of Positions: 1**

**Project Duties/Responsibilities:**

*Momentum Health* is one of the newest healthcare/rehabilitation companies in Calgary that strives to provide a seamless and collaborative healthcare experience to our patients through the coordinated delivery of Physiotherapy and Kinesiology services. The practicum student will:

- Assist Physiotherapist and Kinesiologist with the set-up, application and removal of modalities including: heat, ice, ultrasound, TENS, IFC, microcurrent and Muscle Stimulation
- Assist Physiotherapist and Kinesiologist with the prescription, application, supervision and education of patients Therapeutic Exercise Programs including: AROM, PROM, stretching, proprioception, coordination, balance and strengthening
- Observe, with client permission, Physiotherapist's assessments of the diagnosis and treatment plan
- Observe Physiotherapist's hands-on treatments such as active release, IMS, acupuncture, joint mobilizations, Graston technique and traction
- Assist Kinesiologist and understand rational behind hands on treatment techniques including: basic trigger point release, MRT, friction massage, hold relax stretching
- Assist with clinic up-keep such as cleaning patient beds, filling ultrasound gel, and cleaning machines and tools
- Assist the Kinesiologist and gain an understanding in brace and orthotic fitting.
- Greet patients and ensure they have a comfortable experience in the clinic

**Required Student Qualifications:**

- Completion of KNES 259/260 (Human Anatomy & Physiology)
- Completion of KNES 373 (Exercise Physiology)

**On-Site Supervisor:** To be determined.

**Contact:** Michelle White, [mwhite@momentumhealth.ca](mailto:mwhite@momentumhealth.ca) and indicate preferred location.

# Kinesiology Practicum Application

## Placement: [Momentum Health](#)

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES  
Students may participate in up to three practicums, with no more than two at the same location

Submit together to  
[knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca):  
 Completed Practicum Application  
 Confidentiality Agreement

### INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca); our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

### STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

<b>Practicum Term</b>		
<input type="checkbox"/> Fall _____(year)	<input type="checkbox"/> Winter _____(year)	<input type="checkbox"/> Spring _____(year)
<b>Student Information</b>		
<b>Name:</b>	<b>UCID:</b>	
<b>Phone Number:</b>	<b>Email:</b>	@ucalgary.ca
<b>Student Practicum Expectations:</b> Why have you chosen this practicum placement? (1-2 sentences)		
<b>Code of Conduct</b>		
Students are responsible for compliance with the <a href="#">University of Calgary's Code of Conduct</a> .		
<input type="checkbox"/> Yes <input type="checkbox"/> No	I have read and understood the University of Calgary's Code of Conduct.	
<input type="checkbox"/> Yes <input type="checkbox"/> No	Do you have a pre-existing relationship(s) with person(s) (work, volunteer or personal) associated with this practicum placement? <b>If yes, please briefly explain the nature of the relationship:</b>	
<b>I agree that:</b>		
<ul style="list-style-type: none"><li>• No salary or payment will be received based upon my participation in a Kinesiology practicum placement</li><li>• I will meet the expectations of the practicum placement for which I am applying</li><li>• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).</li><li>• I will complete 60-72 hours within the dates of the term.</li></ul>		
<b>Start Date</b> (first day of lectures)	<b>End Date</b> (last day of lectures)	
_____	_____	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
<b>Student's Signature:</b>	<b>Date:</b>	

### ON-SITE SUPERVISOR PORTION

<b>Name:</b>	<b>Organization:</b> Momentum Health	
<b>Phone:</b>	<b>Email:</b>	
<b>As the On-Site Supervisor, I agree that:</b>		
<ul style="list-style-type: none"><li>• No salary or compensation will be given to the practicum student</li><li>• I will provide sufficient hours (60-72 hours) <u>within</u> the term dates above, and spread evenly throughout the term (approx.. 5-6 hrs/wk in Fall and Winter / 10-12 hrs/wk in Spring)</li><li>• I will complete a mid-point and final evaluation for the practicum student</li><li>• I will provide sufficient supervision, and guidance during this practicum placement</li><li>• I will send any changes / updates to <a href="mailto:knespracticum@ucalgary.ca">knespracticum@ucalgary.ca</a> for approval / updating</li></ul>		
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
<b>On-Site Supervisor's Signature:</b>	<b>Date:</b>	

## **CONFIDENTIALITY AGREEMENT**

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca).

THIS AGREEMENT is made as of the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

BETWEEN:

\_\_\_\_\_

(hereinafter called the "**Agency**")

AND:

\_\_\_\_\_

(hereinafter called the "**Student**")

**Whereas:**

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

**And whereas:**

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

**In witness hereof, the parties agree as follows:**

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

**Agency**

**Student**

Signed: \_\_\_\_\_

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Print Name: \_\_\_\_\_

Title: \_\_\_\_\_

Date \_\_\_\_\_

Date: \_\_\_\_\_