

## **KINESIOLOGY PRACTICUM DESCRIPTION**

**Practicum Position Title: Neuro Rehab – Kinesiology Assistant**

**Agency/Company: [Spinal Cord Injury \(SCI\) Alberta](#) (Calgary)**

**Location: 5656 3 St SW, Calgary, AB**

**Terms Available: Fall, Winter, or Spring**

**Number of Positions: 1-2**

**Specified Schedule: Must be within office hours, Monday – Friday, 8:00am – 5:30pm**

### **Project Duties/Responsibilities:**

*Spinal Cord Injury (SCI) Alberta*, founded in 1961, provides support, direct service, information and advocacy to Albertans with spinal cord injuries and other physical disabilities.

Practicum students will:

- Assist Specialized Fitness Coordinators in safely transferring and helping clients set-up on the specialized fitness equipment including standing frame elliptical trainers, a recumbent stepper, raised mats and adapted resistance training equipment
- Assist participants with flexibility and strengthening exercises
- Assist Specialized Fitness Coordinators during Functional Electrical Stimulation (FES) Cycling training sessions and broaden knowledge of skeletal muscle properties
- Educate participants on the benefits of exercise; discuss progress and provide support through active listening
- Broaden knowledge of clinical exercise physiology specific to spinal cord injury through recommended readings and exercise program design assignment

### **Required Student Qualifications:**

- Completion of KNES 373 (Exercise Physiology)
- Standard First Aid and CPR Level C (or Health Care Provider) with AED
- Police Information Check with Vulnerable Sector

### **Assets:**

- KNES 375 (Test & Measurements) is an asset
- KNES 479 (Advanced Fitness Appraisal & Exercise Prescription) is an asset
- CSEP-CPT certification is an asset

**On-Site Supervisor:** Alex Hepworth, [alex.hepworth@sci-ab.ca](mailto:alex.hepworth@sci-ab.ca)

# Kinesiology Practicum Application

## Placement: [Spinal Cord Injury \(SCI\) Alberta \(Calgary\)](#)

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES  
Students may participate in up to three practicums, with no more than two at the same location

Submit together to  
[knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca):

- Completed Practicum Application
- Confidentiality Agreement

Submit to SCI-AB:

- Police Check w/ Vulnerable Sector
- CPR & First Aid Cert.

### INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca); our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

### STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

#### Practicum Term

Fall \_\_\_\_\_ (year)                       Winter \_\_\_\_\_ (year)                       Spring \_\_\_\_\_ (year)

#### Student Information

Name: \_\_\_\_\_ UCID: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_ @ucalgary.ca

Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)

#### Code of Conduct

Students are responsible for compliance with the [University of Calgary's Code of Conduct](#).

- Yes    No   I have read and understood the University of Calgary's Code of Conduct.  
 Yes    No   Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement?  
If yes, please briefly explain the nature of the relationship:

#### I agree that:

- No salary or payment will be received based upon my participation in a Kinesiology practicum placement
- I will meet the expectations of the practicum placement for which I am applying
- I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).
- I will complete 60-72 hours within the dates of the term.

Start Date (first day of lectures)                      End Date (last day of lectures)

\_\_\_\_\_

I agree with the above-mentioned terms and conditions.

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### ON-SITE SUPERVISOR PORTION

Name: Alex Hepworth                      Organization: SCI Alberta

Phone: \_\_\_\_\_ Email: [alex.hepworth@sci-ab.ca](mailto:alex.hepworth@sci-ab.ca)

#### As the On-Site Supervisor, I agree that:

- No salary or compensation will be given to the practicum student
- I will provide sufficient hours, supervision, and guidance during this practicum placement
- I will complete a mid-point and final evaluation for the practicum student.

I agree with the above-mentioned terms and conditions.

On-Site Supervisor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **CONFIDENTIALITY AGREEMENT**

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca).

THIS AGREEMENT is made as of the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

BETWEEN:

\_\_\_\_\_

(hereinafter called the "**Agency**")

AND:

\_\_\_\_\_

(hereinafter called the "**Student**")

**Whereas:**

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

**And whereas:**

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

**In witness hereof, the parties agree as follows:**

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

**Agency**

**Student**

Signed: \_\_\_\_\_

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Print Name: \_\_\_\_\_

Title: \_\_\_\_\_

Date \_\_\_\_\_

Date: \_\_\_\_\_